




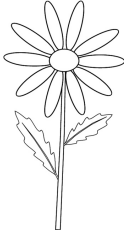














Arbor Terrace

MCD Communities

Connecting people & possibilities

Wellness Calendar

June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Birthdays! Gloria W.-June 12 th						
						
4 10:00 Current Events 1:00 Pet Therapy with Jax 3:00 Puzzle	5 9:00 Tai Chi 10:00 Current Events 1:00 Bible Study 2:00 Music with Mike 3:00 Gardening Club 	6 9:00 Haircuts with Hillary  10:00 Current Events 1:00 Bean Bag Toss 2:00 Science With Seniors	7 9:00 Exercise 10:00 Current Events 1:00 Craft Corner-Roman Vases 2:00 Ice Cream at Webbers 	8 9:00 Exercise 10:00 Current Events 11:30 Mediterranean Buffet  1:00 Scopa (Italian Card Game) 2:00 Bingo	9 9:00 Exercise 10:00 Current Events 1:00 AT Store Open 2:00 Armchair Travel- Greece	10 10:00 Current Events 2:00 Music with John 2:30 Ice Cream Social 5:00 Lawrence Welk Show 
11 10:00 Current Events 1:00 Crossword Puzzle 2:00 Music with Dan 	12 9:00 Exercise 10:00 Current Events 1:00 Bible Study 2:00 Paint Day	13 9:00 Exercise 10:00 -Current Events 1:00 Uno 2:00 Woodworking	14 9:00 Exercise 10:00 Current Events 1:00 Fishing 	15 9:00 Exercise 10:00 Current Events 1:00 Creative Cooking 2:00 Bingo	16 9:00 Exercise 10:00 Current Events 1:00 AT Store Open 2:00 Sew What Club	17 10:00 Current Events 2:00 Music with John 5:00 Lawrence Welk Show 
18 10:00 Current Events 11:30 Father's Day BBQ 1:00 Pet Therapy with Jax 2:00 Free Methodist Church Service	19 9:00 Tai Chi 10:00 Current Events 1:00 Bible Study 2:00 Walking group-National Sauntering Day	20 9:00 Exercise 10:00 Current Events 1:00 Lady's Group 2:00 Minute to Win It	21 9:00 Exercise 10:00 Current Events 1:00 Riddle me this. 2:00 Castle Challenge	22 9:00 Exercise 10:00 Current Events 1:00 Horseshoes 2:00 Bingo	23 9:00 Exercise 10:00 Current Events 1:00 AT Store Open 2:00 Deal or No Deal	24 10:00 Current Events 2:00 Music with John 2:30 Ice Cream Social 5:00 Lawrence Welk Show 
25 10:00 Current Events 1:00 Crossword Puzzle 5:00 Movie Night	26 9:00 Exercise 10:00 Current Events 1:00 Bible Study 2:00 Music with Jerry 	27 9:00 Exercise 10:00 Current Events 1:00 Bowling 2:00 Men's Group	28 9:00 Exercise 10:00 Current Events 11:00 Outing to Windjammer Days 	29 9:00 Exercise 10:00 Current Events 1:00 Creative Cooking 2:00 Bingo 5:00 Car Show 	30 9:00 Exercise 10:00 Current Events 1:00 AT Store 2:00 Cribbage	